#### 1. Environmental Science

Rob Loveday will be replacing his "Ethics in Contemporary Issues" class with an "Environmental Science" series.

It is envisioned that these classes will run for at least 1, more likely 2 years. I have 26 modules, each centred around some aspect of our natural or built environment (e.g. pollution, sources and use of energy, resource use, endangered species, ecological issues, etc). Note that although this series has the word "science" in it, environmental science is far more than merely a science. It encompasses geopolitics, economics, sociology and a good dose of ethics and philosophy. There will be ample opportunity to express your opinion, discuss or dispute viewpoints, and stimulate your critical thinking.

If you are already in my ethics class on Wednesdays, just keep coming in semester two. If you want to join, simply turn up on a Wednesday at 1pm (class goes to 2:30), in room B208, University of Sunshine Coast. Classes will commence on 26-6-24. If you want more information, ring me (Rob) on 0490 201 563, or email robjloveday@hotmail.com.

# 2. German Language Class

Wednesday 3:00-4:30pm

This class is for people who want to start speaking German and also for those who want to deepen their knowledge of the language. We'll cover a range of topics based on your requests, with a focus on communication. Please expect active participation!

# 3. Medieval History/Philosophy

Commences Thursday 11th July via ZOOM ONLINE

This series continues to explore the roots of Western philosophy from the Classical Period of Greece to the dawn of the Renaissance and the Age of Discovery. Throughout, we tackle questions about the compatibility of science and religion. Time will fly with this quick-moving format, which builds communication and reasoning skills and enhances critical thinking. You can choose to just listen, read, do or not do homework. Participation in Break Out discussion is optional. While the subject matter may seem daunting, it is presented in a visually entertaining way, with the discussion questions related to our everyday lives.

This course begins with Judaism and New Testament Christianity to understand the medieval mind in its cultural context. We explore the profound impact of Saint Augustine of Hippo and Thomas Aquinas on Catholicism and philosophy, examining their ties to Manichaeism and Gnosticism and how they reconciled Aristotelianism with Christian doctrine. We meet Hildegard of Bingen and twelve other remarkable women who left their mark through texts and illuminations. We talk about Boethius, Anselm, John the Irishman,

and Peter Abelard, who integrated various philosophies into theology. Please note that classes may run overtime depending on discussion. No prior learning is required, and everyone is welcome. Let me encourage you to give it a go.

Your Tutor Dr. Meredith Murray is a retired teacher, researcher, and university administrator, who embodies a dedication to lifelong teaching and learning. Alongside her vibrant community life, she finds joy in connecting with new people, engaging in aqua aerobics, and creating stained glass objects. Striving to make education accessible to all, her classes welcome not only those with a university education but also learners from a wide range of backgrounds and experiences, fostering captivating discussions among professionals and non-traditional students alike. Her impactful teachings serve as an enlightening journey, inviting individuals to explore and embrace the knowledge that shapes our existence.

TUTOR CONTACT VIA EMAIL: drmeredithmurray@gmail.com

## 4. Introduction to basic computer

Tutor: Doug Hull

Course starts on Monday 22 July 9.00 – 11.00 at USC Classroom B2.08

### What you will need for this course:

- 1. A laptop or note pad with an external mouse,
- 2. Microsoft Office Suit or equivalent.

Please note: charging power is not available in class.

### What you will learn:

- · How to turn your devise ON,
- · How to use your mouse correctly,
- · Learn what all the buttons do,
- · How to create files, save and delete files,
- · The safe use of USB data sticks,
- · What the different file extensions mean,
- · Learn Safety First (operator safety),
- · How to turn your devise OFF safely and not lose data,

· Basic maintenance for your devise.

We expect that the class will run for 8 weeks

Cost: U3A Members-FREE

Doug is a former Computer instructor at TAFE. Space is very limited. Please enrol by contacting: Barbara Hall U3A Course Coordinator Email Boahall349@gmail.com

### 5. The Core of You

Starting Monday 22 July 11.00 -12.30 at USC classroom B2.08

**Tutor: Ron Holmes** 

The face in the mirror: who am I? Another face: who are you? The differences between us - and then - how to appreciate those differences?

Our exploration is divided into a number of modules. Following an introductory module, we will learn and apply a 'family of temperament lenses' and a 'thinking styles lens'. These lenses will, collectively, lead to the 'core of you'.

Time permitting, we will also explore related modules on stress impacts and individual growth and development.

Please note:

That a facilitated interactive learning approach will be utilized - particularly in small groups. There will not be lectures etc.

No prior knowledge is necessary.

Maximum number of participants will be nine members.

Participants will need to contribute to the cost of working documents, handouts and references. This cost is not expected to exceed \$10 per participant.

Please apply to: Barbara Hall U3A Course Coordinator Email: Boahall349@gmail.com

**Ron Holmes** 

Barbara asked me for 'a little bit of a bio about who you are' - so here it is ... reluctantly, and I will try to fit it in with the topic: 'The Core of You'.

The simple answer is – just another human doing the best I can. Most of us try to muddle along with something like this as a 'mantra' – well, most of the time!

Looking back, it is just another story of the 'Self' driven by the many 'forces' that are influential in our respective lives. But to focus on the 'occupational' story that I think Barbara wants - I was once a marine engineer, then a human resource practitioner and also a part time academic in a multi-disciplined graduate school.

Every entry graduate to that school had to undergo an assessment of their personality pattern. Further topics, ideally, gave effect to differences in those patterns in their learning both theoretically and practically.

That particular 'global' approach was designed to provide, in part, accurate holistic pictures of what we call 'complex personality patterns'. They are really 'snapshots' of who we are.

Moving to our topic - the process is designed to provide self-discovery [insight], self-authoring and self-regulation. The 'core self' is at the centre of who we are and has been there since birth with some genetic foundation.

See you at the first session for a fun exploration?